



## **B-ELITE SOCCER ACADEMY - RETURN TO PLAY PROTOCOL**

(Adapted from Colorado Soccer Association)

### **GENERAL**

1. Prior to any training with B-Elite, a player must have submitted the mandatory "Assumption of Risk" waiver.
2. Temperature checks are required for all Staff and players and will be taken prior to taking the field. This will be administered by B-Elite Staff and Social Distancing protocol will be followed.
3. No person will be allowed to attend practice if NOT feeling well, has a fever at or higher than 100.4, or is currently under a quarantine. At the start of every practice a COVID Declaration will be administered by each coach to all players once on the field. The sample COVID declaration is included at the bottom of this form.
4. All in-person training will comply with local, regional, and national guidelines for the appropriate number of people in one group and the size of the group.
5. Training times have been modified to minimize large group gatherings and to give Staff appropriate time to clean the materials between each training.
6. Training drills will be managed adhering to proper social distancing guidelines.
7. Where and when possible, it is recommended spectators, including parents, do not gather around the field. In all cases, spectators must observe social distancing and be wearing proper facial covering. Only players and staff are permitted onto the fields.
8. Subject to site restrictions, bathrooms may be open for use and cleaned regularly by the facility staff. In no cases may the bathroom be used to change. Players must come to the field dressed for practice.
9. No player is allowed on the field before B-Elite Staff is present and the temperature check has occurred.
10. Players, coaches, or spectators may not attend any training or related events if, in the last 14 days:
  - a. they have had a COVID-19 infection. In this case, they need a doctor's note confirming they are cleared to participate
  - b. they have been in contact with someone with COVID-19
  - c. they show or have shown any signs or symptoms of COVID-19
  - d. they have had close, sustained contact with anyone who is sick
  - e. They have had any signs or symptoms of infection are present

### **EQUIPMENT**

11. Only Staff will pick up, touch and move all equipment and objects (such as goals) on the field and at the facility.
12. Team equipment will be cleaned and sanitized before and after every practice.
13. B-Elite will provide the balls needed for each practice. Each set of balls will only be used for 1 team each day and will be cleaned and disinfected before and after each training.
14. Pinnies will not be used for training. Instead, players will bring a white jersey to practice for their personal use.



## PLAYERS

15. All players must arrive at the facility 15 min prior to the start of the practice to allow time for temperature check.
16. Players are allowed to wear face masks at their own discretion during training, however, it is not mandatory. Players must wear face masks when they are not actively training (arrival & departure to field, etc).
17. Players should use hand sanitizer before practice, during breaks, and after practice. Staff will have hand sanitizer, but we recommend each player also brings their own.
18. Players may not borrow or use any other player's equipment.
19. Players must bring their own water bottle. No sharing. Drinking fountains will be closed.
20. Players must wash uniforms after each training.
21. Players must wear their training uniform and bring a white shirt to each session to be used instead of pinnies.
22. No player, other than GK, may pick up balls with their hands.
23. When not in a training drill, players must maintain social distancing.
24. Personal equipment (ie. backpack) must be placed at the training field, at least 6' apart from other's items.
25. Players must depart the field and proceed directly to their cars after Coach has dismissed training.
26. Coaches & players will avoid "high fives", handshakes, team huddles and any form of touching.
27. Any player who starts feeling unwell during training should immediately inform their coach and leave the field.

## STAFF - COACHES AND DIRECTORS

28. On and off the field, Staff are required to adhere to all health and safety procedures including daily self-screening, physical distancing measures, personal hygiene best practices and cleaning/disinfection procedures.
29. Upon arrival to the field, Staff will have their temperature taken.
30. Staff are required to wear face masks during training and all times on the premises.
31. Staff is required to clean/disinfect their hands between each practice session.
32. Staff will administer a temperature check for players prior to the start of practice and before entry to the field.
33. Coaches will administer the COVID-19 Declaration to all players prior to them being allowed to train.
34. Staff will have sanitizer available for player and staff use. Staff will dispense the sanitizer to players needing or requesting it. It is also advised that players bring their own sanitizer/wipes for their own use.

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*This document reflects recommended practices and serves as a general informational resource and should not be considered as medical, legal or expert advice. Recommendations are designed to promote hygienic practices to better protect all participants.*



**COVID-19 HEALTH DECLARATION**

Team: \_\_\_\_\_

Person Completing Form: \_\_\_\_\_

Date Collected: \_\_\_\_\_

Question: Ask each player on team "Do you have any of the following symptoms?"  
mark "yes" in any column if affirmative, and player must leave the training field  
otherwise mark "X" in last column: "No" answer for all questions

NAME OF PLAYER	Fever over 100.3?	Cough?	Shortness of Breath?	Sore Throat?	Other? (Please Specify)	"No" answer for all questions
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

SAMPLE

SIGNATURE OF PERSON COMPLETING FORM: \_\_\_\_\_